

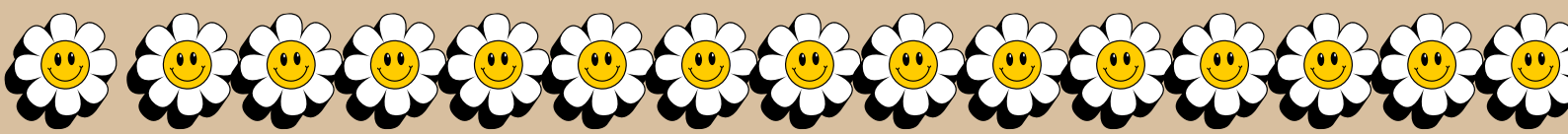
Newsletter - May 2024

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The Happy Land

As we near the end of another academic year, it was time again for our little learners of the Foundation Stage to put on their annual musical under the banner “The Happy Land”.

Our little learners practiced very hard in developing their singing, dancing and acting skills under the guidance of their teachers. And with each practice session and every encouraging word from the teachers, their voices grew louder, their movements more coordinated, and their stage presence more vibrant.

Performing before an audience enhances student’s confidence, self-esteem, creativity, communication skills, self-discipline and versatility.

This fun-filled musical took the audience on a journey through the appreciation of different cultures and traditions instilling global awareness, unity in diversity, peace, harmony along with promoting wellbeing and happiness.

The annual musical served as a platform to bring families and the school together to experience the energy, connection and raw talent displayed through music, dance and drama. As a family event, it reinforced social bonds and provided a sense of belonging amongst the attendees, creating lasting memories and emotional connections that last a long time.

The Happy Land



The Happy Land



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The Happy Land



TWS Family Day

Celebrating The International Day of Families at TWS

The spirit of family resonated deeply throughout The Wonderful School (TWS) as we celebrated the International Day of Families with a series of heartwarming events and activities. Here's a recap of the memorable moments that brought our school community closer together:

Radio Broadcast Kickoff: The festivities commenced with a delightful radio broadcast, spreading the warmth and joy of family across TWS.

Secondary Boys Assembly: Organized by the Secondary Boys, the assembly was a poignant reflection on the theme "Embracing Diversity, Strengthening Families." Through heartfelt speeches and presentations, students were encouraged to contemplate the significance of familial relationships and express gratitude for the support and love provided by their families. It was a reminder of the profound impact of family bonds in shaping individuals and fostering a sense of belonging within our school community.

Secondary Girls Special Activity: The Secondary Girls organized a special activity that highlighted the diversity and uniqueness of our students' families. A beautiful family tree adorned with photos of students alongside their families served as a visual representation of the rich tapestry of backgrounds and cultures within our community. The project received enthusiastic participation and showcased moments of love, joy, and togetherness, truly embodying the spirit of International Family Day.

Primary Section Celebration: The Primary section brought together 50 families for a day filled with joy and connection. From heartwarming performances to a stylish parent-student fashion show, every moment celebrated our shared bonds. The event also featured engaging parlour games, delightful snacks, and mesmerizing calligraphy by our talented Arabic teacher. It was a testament to the importance of wellbeing and unity in nurturing our cherished community spirit.

Sixth Form Special Episode: Sixth Form students recorded a special episode with Mr. Carl Roberts, our Principal and CEO, dedicated to International Family Day. Mr. Carl extended his warmest greetings to all parents and students as we celebrated this meaningful day. The episode will be shared on our school's social media channels by May 17th, allowing everyone to relive the wonderful moments shared during our International Family Day celebrations.

We extend our heartfelt gratitude to all students, families, and staff who contributed to the success of this memorable celebration. Your participation helped create a warm and inviting atmosphere that truly encapsulated the spirit of family at TWS. Here's to many more moments of love, connection, and togetherness in the days ahead! 🌟 #TWSFamilyBonding #InternationalDayofFamilies



THE WESTMINSTER SCHOOL

28
YEARS

FAMILY FIRST

TWS Family Day



TWS Family Tree

TWS Family Day



PROMOTING FAMILY WELL-BEING

1. QUALITY TIME TOGETHER
2. OPEN COMMUNICATION
3. INDIVIDUAL GROWTH
4. FAMILY TRADITIONS
5. EMOTIONAL SUPPORT
6. HEALTH PRIORITIZATION





Mother's Day

The spirit of family resonated deeply throughout TWS as we celebrated the International Day of Families and 2 of our mothers delivered their speeches about Mother's day

Ms. Fathima Sameehah

My name is Fathima Sameehah, and I'm the proud mother of two children at this school. Today, I stand before you as a mother and a member of this amazing school community, to share something close to my heart: My family.

My family is my foundation, my support, and my happiness. They teach me patience and love without conditions, filling my heart with endless pride. It is so common to forget about your family in the hustle and bustle of the modern world. But my dear friends, while I encourage you to make time for each other, spend quality time together, and establish memories that will be with you for the rest of your life.

As we celebrate Mother's Day, let's remember to appreciate and respect the special women in our lives. Thank you to all the mothers for your love and sacrifices.

Thank you, Westminster School, for this opportunity. You are my extended family, and I'm grateful for your support.

Ms. Fathima Naushard

Being a mother is a journey filled with immeasurable joy, laughter, tears, and countless sacrifices. Yet, we embrace it with unwavering determination and a boundless love for our children. They are our greatest joy and our motivation. We believe in their potential and ability to achieve greatness.

Dear children, as mothers we urge you to demonstrate rewarding behaviours and achieve exceptional performance and success in life by putting into practice the values that we have imparted in you to become responsible and caring individuals.

Dear mothers, let us make a conscious effort to strengthen our family bonds, and to create a home environment filled with love, understanding, and respect.

On this momentous day, I also want to express my heartfelt appreciation for the incredible teachers who play a crucial role in shaping our children's lives.

Dear teachers, your dedication and unwavering commitment to our children's education exemplify the selflessness and unconditional love that a mother displays. Thank you for inspiring our children and being a guiding light in their educational journey. I would also like to convey my heartfelt gratitude to the dedicated leaders and senior staff of TWS for their invaluable contributions to our children's well-being and for nurturing a positive school culture. Together, let's continue to nurture and inspire our children, building a school community founded on love, respect, and unity.

Thank you, and Happy Mother's Day to all!



VISIT TO BAPS TEMPLE - ABU DHABI

The Westminster School Dubai organized a family trip to the magnificent BAPS Abu Dhabi Temple on 18th May. Staff members from various countries and religions, along with their children and spouses, participated in this enriching experience.

Staff explored the UAE's significant efforts to promote inclusivity within the community. The temple stands as a testament to how the UAE fosters and encourages respect and acceptance of diverse religious beliefs. It practices Harmony and prays for the wellness of the entire world.

The tour highlighted the architectural beauty and cultural significance of the temple, offering everyone a deeper appreciation of its heritage.

The trip was not only spiritual but also a lot of fun for all attendees. It seamlessly aligned with the school's theme of celebrating multinational cultures and fostering inclusivity. Everyone enjoyed the experience, making it a memorable day for families and staff alike.



MENTAL HEALTH AWARENESS DAY

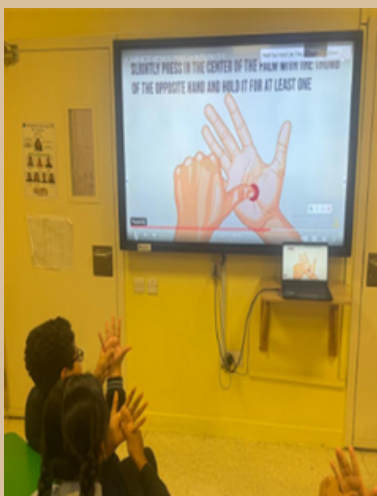
On Thursday, 30th May 2024, our school celebrated Mental Health Awareness Day. Students engaged themselves in various activities to promote mental well-being. The day began with a calming meditation session, setting a serene tone and emphasizing the importance of mindfulness. This was followed by a discussion on the significance of mental health and practical tips for maintaining it.

Students wore hats adorned with mental health quotes, each explaining their chosen quote to foster a personal connection to the topic.

Student assemblies led by Pastoral team, highlighted the importance of mental health and wellbeing. Teachers supported the initiative by wearing green, symbolizing mental health awareness. The inclusion team organized several engaging activities.

Station 1- Groove to the Music Station 2- A Place of Serenity Station 3- Garden of Gratitude Station 4- The Magical Bowl Station 5- The Fortune Teller Station 6- D' Thirst Quencher

The day successfully highlighted the importance of mental health, encouraged supportive conversations, and offered various methods to promote mental well-being among students and staff.



Safeguarding at TWS



This month, the Safeguarding Team draws your attention to something critical - Safeguarding our mental health, especially because May is the Mental Health Awareness Month.

As a school, we strive to create an environment where everyone of you feels safe, supported, and valued. However, we must also recognize the critical role mental health plays in the overall well-being and success of our students.

Mental health awareness is not just a topic to be discussed periodically; it is an ongoing commitment that requires our collective effort for our students' safeguarding. Here are some key points we wish to emphasize:

- 1. Mental health is just as important as physical health. By recognizing this, we can break down the stigmas and barriers that often prevent you from seeking help.**
- 2. Our school offers multiple support systems, including counselors, mental health professionals, and wellness programs. Please take advantage of these resources whenever needed.**
- 3. We encourage open conversations about mental health. If you notice someone struggling, or if you yourself need help, please reach out. Talking about our feelings and experiences can be incredibly healing and supportive.**
- 4. Prioritize self-care in your daily routines. Whether it's through exercise, hobbies, mindfulness practices, or spending time with loved ones, taking care of yourselves is essential.**



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THE WESTMINSTER SCHOOL

28
YEARS

*Thank
You*